

### Compression Levels

### Clinical Indications

**Circular Knit**  
10-15 mmHg  
15-20 mmHg

- aching/fatigued legs
- prophylaxis during pregnancy
- mild edema of ankle and foot
- mild varicosities
- post sclerotherapy

**Circular Knit**  
20-30 mmHg  
**Flat Knit**  
18-21 mmHg

- aching/fatigued legs
- prophylaxis during pregnancy
- hereditary tendency toward varicose veins
- mild lymphedema
- hypertrophic scar treatment
- prevention/recurrence of venous ulcers
- mild venous insufficiency
- moderate varicosities
- post sclerotherapy
- burn scar management
- DVT prevention

**Circular Knit**  
30-40 mmHg  
**Flat Knit**  
23-32 mmHg

- chronic venous insufficiency
- severe varicosities
- post surgical
- post-phlebectomy
- burn scar management
- moderate lymphedema
- prevention/recurrence of venous ulcers
- management of active venous ulcers
- moderate and post traumatic edema
- post sclerotherapy
- pronounced varicosities during pregnancy
- orthostatic hypotension
- prevention of DVT/post thrombotic syndrome

**Circular Knit**  
40-50 mmHg  
**Flat Knit**  
34-46 mmHg

- management of active venous ulcers
- severe chronic venous insufficiency
- severe tendency toward edema
- severe lymphedema

**Flat Knit**  
50+ mmHg

- severe post-thrombotic conditions
- severe lymphedema
- elephantiasis

### Contra indications

- open or untreated ulcers
- acute thrombophlebitis
- arterial disease
- uncontrolled congestive heart failure
- weeping dermatosis
- phlebothrombosis
- acute dermatitis
- intermittent claudication

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